



Tacode

promoting young people's health
and wellbeing

PEER ALCOHOL EDUCATION TOOLKIT

for use with
**Secondary
School
Students**

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Activity: The aims of alcohol education

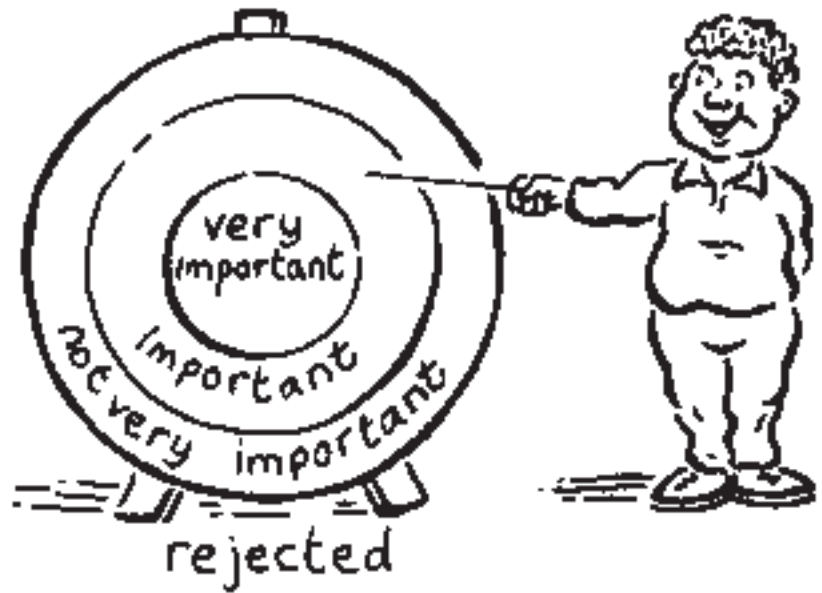
Purpose

To allow participants an opportunity to:

- discuss alcohol issues
- discuss their opinions on what alcohol education should be aiming to achieve
- provide a basis for the presentation on government guidelines.

Activity

- Divide the participants into groups of 4/5
- Hand each group copies of the 21 statements on alcohol education (see page 37), already cut up ready for use
- Provide each group with a large sheet of paper and some pens
- Ask each group to draw the target on the sheet of paper
- Hand out a number of statements to each participant
- In turn, ask each participant to place their statement on the 'dartboard' in the relevant section, and explain their reason



- The rest of the group discuss this, and agree where the statement should be placed
- When all the statements have been placed, ask each group to discuss the 3/4 most important statements that should remain in the 'bullseye'
- As a whole group, feedback on the 'very important' statements and discuss
- As a whole group, feedback on the statements that were 'rejected' and discuss
- Ask the group:
 - what does this tell us about the aims of alcohol education?