

# The World of Tobacco

...turning over a new leaf



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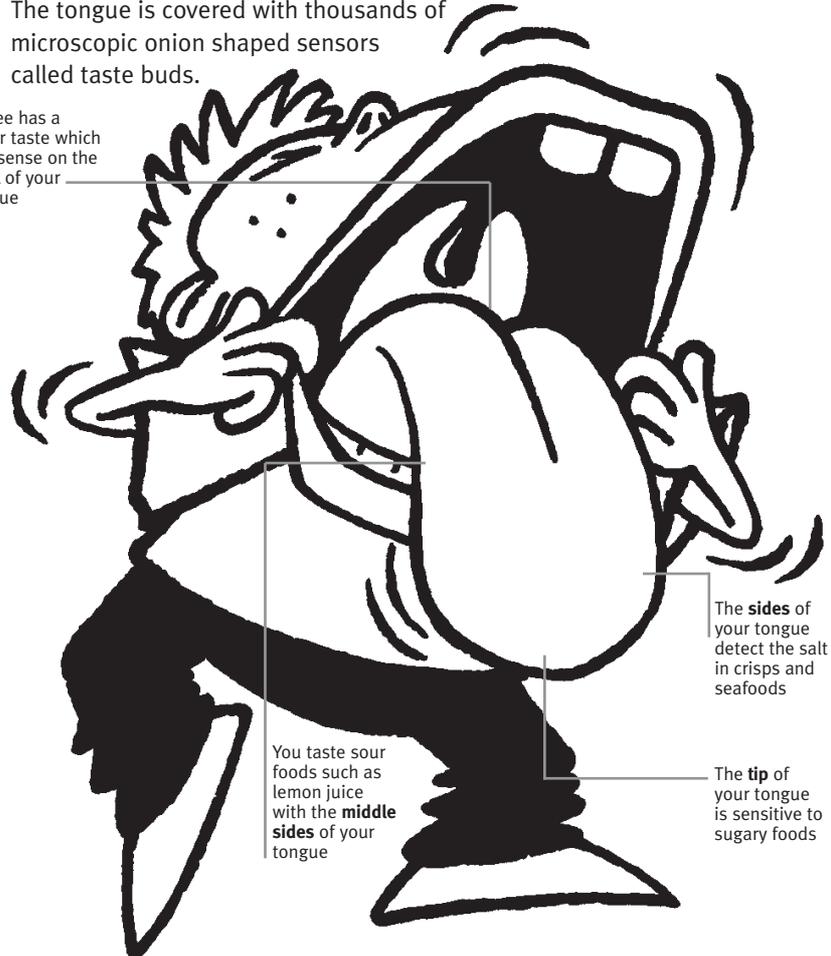
This section is designed to provide teachers with some background information that can be used as a starting point for discussions with pupils during the lessons. It is also recommended that you read the two Background Papers: 'Smoking - A summary of the facts' and 'Guidance on smoking education' in order to familiarise yourself with information about smoking and smoking education.

### Senses

The five senses are: sight, hearing, taste, smell and touch.

- For those of us who do not have any of our senses impaired we receive most information about the world around us from our sight. Our eyes can see shapes and colours, brightness and shadow.
- Our ears enable us to hear a huge range of sounds. Sounds are vibrations that travel through the air. Our ears collect the vibrations as sound waves. Our brains help us make sense of the sounds.
- Our tongue enables us to detect the taste and flavour of foods and drinks. The tongue is covered with thousands of microscopic onion shaped sensors called taste buds.

Coffee has a bitter taste which you sense on the **back** of your tongue



The **sides** of your tongue detect the salt in crisps and seafoods

You taste sour foods such as lemon juice with the **middle sides** of your tongue

The **tip** of your tongue is sensitive to sugary foods

As we grow older some of our taste buds die. This is why some foods taste stronger to children than adults. A baby has over 10,000 taste buds and an older adult has about 5,000. Smoking cigarettes kills off some taste buds and reduces a smoker's sense of taste.