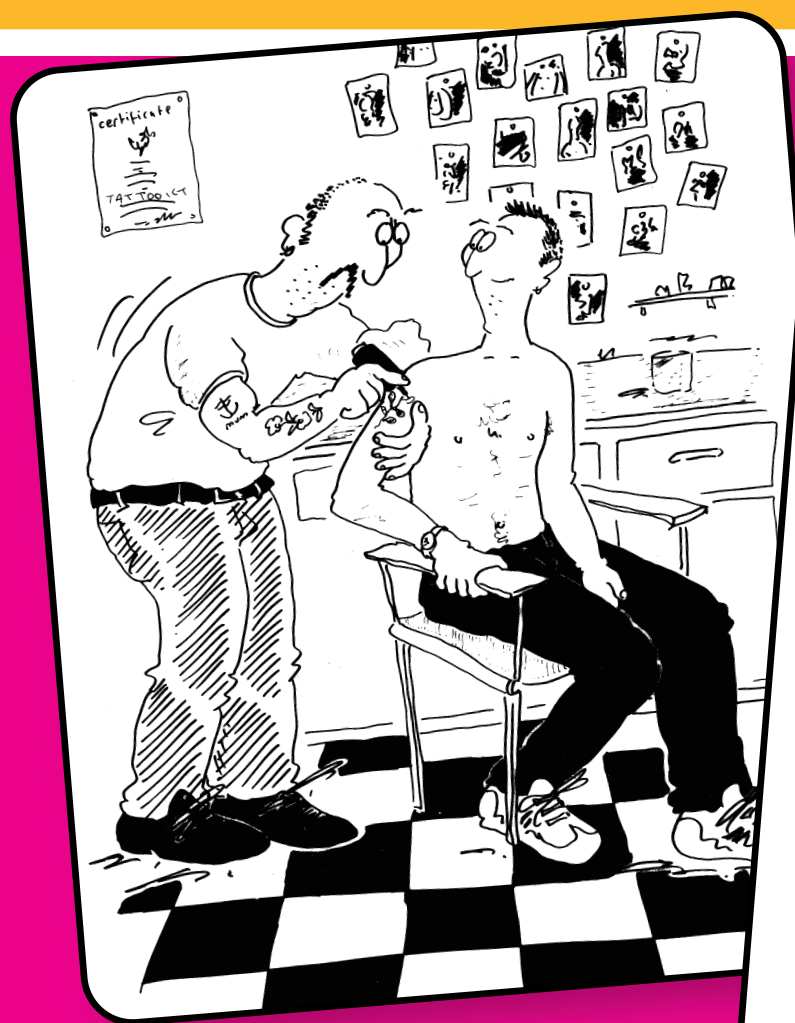


SEX · DRUGS and ALCOHOL



HIV Transmission Activity for young people aged 16 + with a range of abilities



CONTENTS

Sex, Drugs and Alcohol the HIV Transmission Activity



The materials have been written by **Helen Lee**, Tacade's Development and Training Manager.

The materials have been edited by **Martin Buczkiewicz**, Tacade's Chief Executive.

The materials have been typed by **Andrea Greenfield**, Tacade's Office Administrator and the print and production has been managed by **Mandy Broadbent**, Tacade's Communications Manager.

Illustrations by **Grizelda**.

ISDN No 1-902469-13-5

	Page No.
1. Introduction	117
2. HIV transmission activity - guidance notes	120
3. Photocopiable handout: 'Transmission of HIV'	122
4. HIV transmission - risks	124
5. The HIV transmission activity	128
6. Extension activities	130
(i) What is safer sex?	
(ii) The effects of alcohol and drugs on safer sex	
(iii) Difficulties in practising safer sex	
(iv) Practising negotiation skills	
7. Illustration cards	142
8. Further information about HIV and AIDS	162
9. Government guidance on HIV and AIDS education	164

1 Introduction

The purpose

This additional element to the 'Sex, Drugs and Alcohol' resource aims to provide facilitators with an interactive, engaging way of enabling young adults to explore the issues of safer sex, HIV transmission, drug and alcohol use and ultimately help to enable young people to make informed, respectful, health promoting choices.

Who is it for?

The HIV Transmission Activity is suitable for use with a wide range of young adults 16+ of all abilities, including those with poor literacy skills. Some young people are more at risk of HIV infection, teenage pregnancy, drug and alcohol misuse, including young people in or leaving care, homeless young people and young people involved in the criminal justice system. These materials are designed to be used with groups of people including these vulnerable young people in a variety of settings, such as informal youth groups, colleges, secondary schools and hostels.

The materials can also be used for training sessions with other people, particularly professionals working with young people such as social workers, youth workers, teachers, Connexions staff, health workers.

What is in the resource?

The HIV Transmission Activity contains:

- An introduction to the resource, outlining the purpose of the resource and who it is designed to be used with.
- Guidance for teachers and facilitators on how to use the activity, including a handout about HIV transmission.
- The core HIV Transmission Activity with 19 cartoon style illustrations showing a range of activities including sexual activities. Some of these illustrations are sexually explicit and will need to be used with sensitivity.
- Four extension activities that provide opportunities to explore safer sexual practices and the effects of drugs and alcohol use on safer sex.
- Further sources of information about HIV and AIDS.
- A brief overview of Government guidance about HIV and AIDS education in the UK.

