

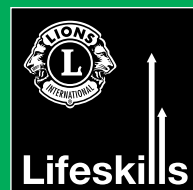
SEX·DRUGS and ALCOHOL



for young people aged 14-19 with a
range of abilities



Department
of Health



Lifeskills

Sex, Drugs and Alcohol

Contents

SECTION 1 - Overview

Foreword	02
Activity overview	03
Illustrations list	07
Introduction	09
Acknowledgments	13

SECTION 2 - Activities

Activities	16
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SECTION 3 - Illustrations

Photocopiable handouts	50
• Illustrations for use with activities	
• How to correctly use a condom	
• Information and support for young people about sex, drugs and alcohol	

SECTION 4 - Support information

Activity support information for 78 teachers and facilitators	
• Sexual health information	79
• Lesbian, gay and bisexual young people	83
• Alcohol, drugs and other substances	87
• Street crime and safety issues	89
• Contraceptive methods	91
• Sexually transmitted infections	93
• Facts about drugs	97

SECTION 5 - Background papers

Background paper 1	102
- Government guidance about young people's entitlement to sexual health and relationships, alcohol and drug education	
Background paper 2	110
- Sex, drugs, alcohol, risk taking and young people: a summary of research findings	

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2 Dilemmas - drug taking

Learning objectives

To provide an opportunity for young people to:

- Practise communication skills, providing support and information
- Increase their understanding of decision making and risk assessment
- Consider the effects of drug use

Learning outcomes

- The young people will have explored the issue of drug use and social pressure, practised communication skills, offering support and information.

Time:

- 20-30 minutes for the core activity,
30-45 minutes for the extension activity

Resources:

- Card number 3 showing a group of young people at a party being offered tablets.

Introduction:

Explain to the young people the purpose of the activity.

Ask the young people to consider:

- the types of risks people take
- why people take risks?
- how people make decisions (e.g. on gut reactions, weighing up the evidence, based on feelings, advice from others)

Note down some of the key points.

