

SMOKE
?
RINGS



Ring B

Question 1

Where is most of the world's tobacco grown?

a) the United Kingdom

go to question 11

b) Africa

go to question 4

c) China

go to question 7

d) Spain

go to question 9



SMOKE
A
RINGS



Ring B

Answer 1

Where is most of the world's tobacco grown?

ANSWER c:

China is the biggest producer and consumer of tobacco. Almost three quarters of the world's tobacco is grown in developing countries. After China, the USA is the next largest producer of tobacco, followed by India, Brazil and Turkey.

Go to Question 7

SMOKE
?
RINGS



Ring A

Question 1

What is in a cigarette?

a) pure tobacco

go to question 8

b) tobacco and tar

go to question 12

**c) tobacco, tar, nicotine and
4,000 chemicals**

go to question 6

d) grass

go to question 4



SMOKE
A
RINGS



Ring A

Answer 1

What is in a cigarette?

ANSWER c:

Cigarettes contain tobacco, tar, nicotine and 4,000 chemicals. The chemicals in cigarettes include acetone, arsenic, benzene, lead, methanol, carbon monoxide, and formaldehyde. These chemicals are also contained in car exhaust fumes, ant poison, nail varnish remover, petrol fumes.

Nicotine is addictive, tar sticks to the lungs and makes it harder for smokers to breathe, and carbon monoxide makes the blood less able to carry oxygen around the body. You can see from this information that smoking is not healthy.

Go to Question 6

SMOKE
BRINGS



**Smoking Education Card
Game for children (9+),
young people and adults**



Question 1
What is in a cigarette

pure tobacco
tar, nicotine and
other chemicals

Answer 1
What is in a cigarette

ANSWER 2:
Cigarettes contain

tar, nicotine and
other chemicals in
addition to the
tobacco

Smoking Education Card Game

For children (9+),
young people and adults

SMOKE
RINGS

SMOKE
RINGS

Tacode
Tobacco Education
and Prevention Centre

Ring A

Ring B

Ring D

Ring

Smoke Rings provides children, young people and adults with opportunities to:

- increase their knowledge and understanding of smoking related issues,
- discuss and debate important issues about health, the environment, government controls, the law and patterns of behaviour
- identify different sources of accurate, up to date information
- work co-operatively in small groups

For school based smoking education to be effective a whole school multifaceted approach is required. For example, recent research from John Moores University in Liverpool (Porcellato 1999) indicates that smoking education is more effective for primary school children if parents, carers and other family members are involved. Pupils, parents, teachers and non-teaching staff need to be involved in the development of the school no-smoking policy to ensure it is understood and supported. Ideally the wider school community, for example local shopkeepers can be made aware of the smoking education work that is taking place in the school through community meetings and work with the local media.

Smoke Rings can be used to effectively address the knowledge component of smoking education within the personal, social, health and citizenship framework. It can be used as a starting point for students in their programme of smoking education and throughout the programme to reflect on and increase learning or as review tool.